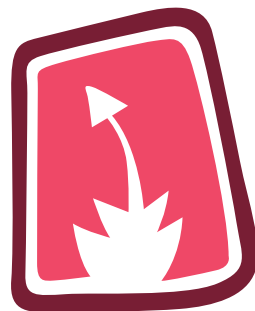


YOUTH
- MONTH -

JUN
2018

84



WOZA
MOYA

- NEWSLETTER -



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YOUTH MONTH AT WOZA MOYA

TO THE YOUTH OF TODAY, I ALSO HAVE A WISH TO MAKE: BE THE SCRIPTWRITERS OF YOUR DESTINY AND FEATURE YOURSELVES AS STARS THAT SHOWED THE WAY TOWARDS A BRIGHTER FUTURE.

NELSON MANDELA

The 16th of June marked 42 years since the Soweto Uprising that changed the course of South African history. Thousands of young people marched peacefully toward the Orlando Stadium in protest of the oppressive Bantu Education Act. On their pathway they were met by heavily armed police who fired teargas and later live ammunition on the demonstrating students. Tragically 23 young people were killed that day. This resulted in a widespread revolt and uprising against the Apartheid government. On Youth Day, we honour the young people that gave their lives to change the future and commit ourselves again to be part of writing a new story for the Youth of South Africa.

SPORTS HAVE THE POWER TO CHANGE THE WORLD. IT HAS THE POWER TO INSPIRE, THE POWER TO UNITE PEOPLE IN A WAY THAT LITTLE ELSE DOES. IT SPEAKS TO YOUTH IN A LANGUAGE THEY UNDERSTAND. SPORTS CAN CREATE HOPE, WHERE THERE WAS ONCE ONLY DESPAIR. IT IS MORE POWERFUL THAN GOVERNMENTS IN BREAKING DOWN RACIAL BARRIERS. IT LAUGHS IN THE FACE OF ALL TYPES OF DISCRIMINATION. SPORTS IS THE GAME OF LOVERS.

NELSON MANDELA





Woza Moya, together with the youth of Ufafa Valley, commemorated this important day in the struggle for freedom and democracy by gathering together for soccer and netball tournaments between 20 local teams. The tournament was held at Mashakeni Sports Field. Competitors were determined and supporters enthusiastic! The atmosphere was electric, and a wonderful day was had by all.

These soccer and netball competitions bring the youth of Ufafa together and help the young people to learn team work, self-discipline, self-esteem and perseverance. They provide an active, fun, healthy and safe space where Woza Moya staff can build relationships with the young people. The tournaments also create a platform that we plan to utilise in other creative ways for awareness around HIV/AIDS and Sexual and Reproductive Health issues.

We extend our gratitude to the Department of Sport & Recreation through Philani Mkhize (District Sport Co-Ordinator) for their generosity, helping to make this day possible. They donated 2 trophies, 2 soccer balls, 2 Netballs, 40 Silver and Gold Medals, full soccer kit and a soccer ball pump.

We would like to extend our thanks to Lufafa Youth Empowerment Project (LYEP – NPO) and Miya Construction who collaborated with us for this wonderful event. As Woza Moya we believe that unity is strength and great things can be achieved with teamwork and collaboration.

ELMA COMMUNITY GRANTS PROGRAM CHILDHOOD NUTRITION REGIONAL WORKSHOP

Our Community Health programme manager (Jane Nxasane) and Director of Operations (Sphehile Radebe) attended a 3 day Childhood Nutrition Workshop run by the ELMA Foundation in Johannesburg. The keynote speakers presented the latest research regarding the importance of good nutrition in the first 1,000 days of





a child's life. There was interesting discussion created around community nutrition intervention in this crucial period of a child's life and the important role of growing indigenous food. The workshop also provided good opportunities to network and learn from other organisations. Jane and Sphehile came away from the workshop excited to use what they learned to strengthen Woza Moya's Early Childhood Development programme. We extend our grateful thanks to the ELMA Foundation for this wonderful opportunity.

<https://elmaphilanthropies.org/>

5TH SOUTH AFRICAN TB CONFERENCE

Woza Moya child care coordinators, paralegal manager and senior managers attended the 5th annual conference at Durban ICC. The conference was attended by many different stakeholders involved in health, including government departments, private sector representatives, research institutions and non-governmental organisations. Sadly Tuberculosis (TB) remains a crisis in South Africa. It is the top cause of death and there are an estimated 400, 000 new cases of TB in South Africa every year. TB cases are slowly coming down, but it is not happening nearly fast enough. The Woza Moya team found the conference very enlightening and helpful, challenging us to work harder at reducing the rate of TB in the Ufafa Valley through our Community Health programme. We have already begun to pass on the latest information learned to the community through our Wellness Days.

ALSO IN JUNE

- The Self Help Groups are going from strength to strength and it is wonderful to see the difference that these groups are making in families in the community.
- Pictured here (top right) are some of the ladies from the Masithandane self-help group is doing wonders selling building sand in their community.
- The Woza Moya Advisory Committee had a very positive meeting this month





WOZA MOYA UFAFA VALLEY CRAFTS

NOW AVAILABLE!



SOCK ANIMALS



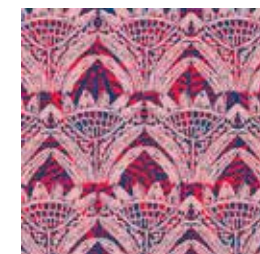
APRONS



EMBROIDERIES



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