

FRIEND
RAISING

MAKING A DIFFERENCE

AUG / SEP
2018

86



WOZA
MOYA

— NEWSLETTER —



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CARING FOR CAREGIVERS

Every year a group of staff from Woza Moya attend a 'Caring for Caregivers' course facilitated by Educo Africa www.educo.org.za a rare opportunity to take a break and nurture themselves. This 5 day course took place at Umgeni Valley Ranch <http://www.umngenivalley.co.za/home> about one and half hours' drive away from Woza Moya. Addressing issues of burnout and its prevention, as well as providing replenishment and skills for self-management, is crucial for the sustainability and well-being of our staff. Thembi, a Woza Moya Child and Youth Care Worker enjoyed being in the wilderness, and how course facilitator, Lali Mili, drew parallels with the natural world, likening the seasons, weather patterns, each fresh new day, to our life experiences. Jane Nxasane, Woza Moya Community Care Manager, shared how this helped her to develop a deeper understanding of the psycho-social aspects of HIV/AIDS.

SOUL SAFARI

Woza Moya Friend Raising played host to old friend Catherine Anderson and her Friends from America. Cathy's 'Soul Safari' to South Africa, included visiting a Game Reserve, staying at the Buddhist Retreat Centre and visiting Woza Moya. This special group of women, 2 from upstate New York, 2 from California, 4 from North Carolina, and Cathy and her husband Paul, were given a typical warm Zulu welcome to Woza Moya. After meeting all the team, they headed out into the community to observe a self-help group and to visit crafters in residence in the Ufafa valley. This must have spurred them on to shop because back at Woza Moya they shopped until they dropped! Genuine heartfelt-connections and long lasting friendships were formed.





MUSEUM IN A BACKPACK

Director of Info4africa <https://www.info4africa.org.za/> and SA Voices HIV Museum, Debbie Heustice invited Woza Moya youth to join them at the KwaMuhle Museum in central Durban for a day of training. The SAVY backpack project is an exciting, youth inspired “museum in a backpack” concept. The idea is that youth working actively in communities can use the specially designed backpack banners to educate other youth about HIV, TB, Social Drivers of HIV and GBV. Each of the educational banners is lightweight, weather proof and designed for community use. The banners each deal with one topic area and are supported with colour coded A5 information sheets. These A5 sheets supplement the information on the banners, ensuring the facilitator has all the necessary information at their fingertips to discuss the topic area with confidence. The 2nd day of training took place on site at Woza Moya, with each participant being provided with a backpack.



ALSO IN SEPTEMBER

- Volunteers Jack Dodd from the UK and Carlo Chiocca from Italy worked shoulder to shoulder with local Zulu guys, and builder Andile Khoza and Alan, to add a new toilet and to build a stunning outdoor fireplace aka BOMA! Our dream of eventually creating a traditional Zulu Village is happening, little by little. We need your help to make this happen!
- Crafts Sales soared this month! We began an exciting partnership with the new Monkeyland in Ballito <https://www.monkeylandkzn.co.za/>. Thank you to Ingrid from Artisan Gallery for inviting us to share your space at the Hilton Arts Festival <https://www.hiltonfestival.co.za/> Wonderful festival and sales!



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